

(Co-educational, Affiliated to Panjab University, Chandigarh) Sector-26, Chandigarh-160019. (0172) 2792754, Telefax: (0172)279031

### BEST PRACTICE HERITAGE AND CULTURAL PRESERVATION (AQAR 2022-23)

This document contains information regarding the following initiatives:

**Objectives of the Practice** 

**Context of the Practice** 

The Practice

- A. Preserving Our Heritage to Improve the Sustainability and Inspiration to Live in Harmony with Nature
- **B.** Promoting Skill and Vocational Training
- C. Collaboration with Panjab Digital Library
- D. Promotion of Inclusive Philosophy for Holistic Learning
- E. Promoting Punjabi Maa Boli (mother tongue), Literature and Culture
- F. Promoting Cultural Diversity and Multicultural Expressions
- G. Innovative Research on the theme of Heritage and Cultural Preservation
- H. Other Activities on Heritage and Cultural Preservation

**Evidence of Success** 



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### TITLE OF THE PRACTICE: HERITAGE AND CULTURAL PRESERVATION OBJECTIVES OF THE PRACTICE

As the National Education Policy 2020 envisions holistic and experiential learning through promoting indigenous knowledge system and cultural preservation, the College has undertaken the best practice of Heritage and Cultural Preservation. It aims to conserve, maintain, foster appreciation of the rich cultural legacy and create awareness amongst the youth about their diverse cultures while living in harmony with nature. The objective is to bring the youth closer to their roots through persistent endeavors that embody cultural values, identity and historical continuity.

### THE CONTEXT

In an effort to reconnect the students with their own culture and encourage them to appreciate it, the College has adopted the practice of Heritage and Cultural Preservation. The College takes a lead in providing a platform to comprehend and cherish the significance of rich culture and heritage by reviving historical heritage, folk art, language and improving the ecosystem. Several initiatives are persistently undertaken for training and sensitising the youth in an inclusive and pragmatic manner.

#### THE PRACTICE

### A. Preserving Our Heritage to Improve the Sustainability and Inspiration to Live in Harmony with Nature

A unique initiative to preserve the heritage has been undertaken by creating the Guru Nanak Sacred Forest: A Mini Urban Forest with Native Trees on Campus with the idea to promote the rich legacy of micro-history of environment in the *Gurbani* – the Sikh Gurus have always inspired mankind to live in harmony with nature and its Creator. The initiative of planting native species of trees of Punjab with medicinal values in mini forest aims to sustain the ecosystem. This is in consonance with the goal of 'Environmental Sustainability' and 'Heritage and Cultural Preservation' promoted by the College as best practices.



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### **B.** Promoting Skill and Vocational Training

- To revive the fading heritage and folk art of Punjab, skill-based training is provided to students by developing expertise in Embroidery (*Phulkari* and Cross stitch), *Pakhi* making, Folk Orchestra, *Peerhi* making, *Bagh* and Crochet to become self- employed.
- The college collaborates with Mehar Baba Charitable Trust, Fatehgarh Sahib to empower women entrepreneurs from rural Punjab in *Phulkari* craft.
- The students are trained for learning *Gurmukhi Calligraphy*, *Gurmat* Studies, String Instruments (*Rabab/Sarangi*), Percussion Instruments (Jorhi/Tabla), *Shabad Gayan* and free *Gurmat* Sangeet classes through organised classes to equip them with vocational skills. These are organised by Centre for Sikh Religious and Cultural Studies

### C. Collaboration with Panjab Digital Library

In order to sensitise students about heritage of Punjab, various initiatives have been undertaken in collaboration with Panjab Digital Library to enrich the present and enlighten the future:

- 'Adopt a Book' initiative has been promoted by the College during special occasions which gives an opportunity to promote classic books of traditional and historical values and sponsor the costs incurred on its digitisation for keeping it online for public access
- Exhibitions: the public display of exhibitions of selected and rare archival content on Punjabi heritage and culture in college on special occasions for spreading awareness about rich cultural legacy
- Creation of Heritage wall on ancient monuments on art and architectural heritage of Panjab
- Creation of Heritage wall on Panjab: Resurgence and Downslide from 1765 to 1966
- Creation of Heritage wall in Guru Nanak Sacred Forest with quotes from *Gurbani* highlighting environment sustainability
- Inauguration of Virasat Heritage Centre



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### D. Promotion of Inclusive Philosophy for Holistic Learning

The paramount objective of the College is to inspire, prepare and empower students to be successful in the ever-changing world by adopting the democratic and secular values of *Manas ki jaat sabhe eke pehchanbo* (all mankind is one) *Sarbat da bhala* (Well-being of all mankind).

- Within this framework, the unique institutional distinctiveness that promotes the Sikh practice of *Seva* (Self-less Service) is integrated in the academic and routine functioning of the College
- The College is unique in providing comparative study of different religions through the subject of Religious and Sikh Studies offered by Panjab University, Chandigarh. The syllabus is aimed at inculcating a holistic understanding of religious and cultural traditions
- *Gurmat Vichaar Sabha* of the College functions to inculcate value education among students as a medium to amalgamate modern thinking with traditional values

### E. Promoting Punjabi Maa Boli (mother tongue), Literature and Culture

The College ensures the preservation, growth and vibrancy of Punjabi Maa *Boli* (mother tongue) abiding by the core principle of National Education Policy 2020. Various buildings, gardens and societies of the College are named with Punjabi titles reflecting historical and cultural significance to make students value and imbibe their heritage and culture.

#### F. Promoting the Cultural Diversity and Multicultural Expressions

The College being located in UT Chandigarh, admits a large number of students from diverse cultural, regional and communal backgrounds. Preserving and promoting cultural diversities of the staff and students is the priority of the College for providing an inclusive academic environment which is also a key objective of National Education Policy 2020. The College involves students in



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various activities which reconnect them to their diverse cultures and encourage them to appreciate it.

#### G. Innovative Research on Theme of Heritage and Cultural Preservation

The teaching faculty of the College has published several research papers, books and completed their PhDs on topics of Heritage and Cultural Preservation. The College magazine *Agammi Jyot* is published annually with different themes from history, heritage and culture providing freedom of expression to students and staff in multilingual sections.

### H. Other Activities on Heritage and Cultural Preservation

The College aims to encourage students' interest and participation by organising social, cultural and extension activities abiding by the National Campaign of '*Ek Bharat Shreshta Bharat*' for promotion of cultural integrity and inclusiveness. Several events such as webinars, competitions, celebrations and outreach activities were organised which provide opportunities for behavioral development towards respecting diversities, enhancing creativity by learning from students from diverse cultures while imbibing various aspects of the culture and heritage of the region.

### **EVIDENCE OF SUCCESS**

The evidence of success for the best practice of Heritage and Cultural Preservation is not only about the outcome but also about the process, the journey through which the College has attained the set objectives in the form of practice through following initiatives:

# A. Preserving Our Heritage to Improve the Environment and Inspiration to Live in Harmony with Nature

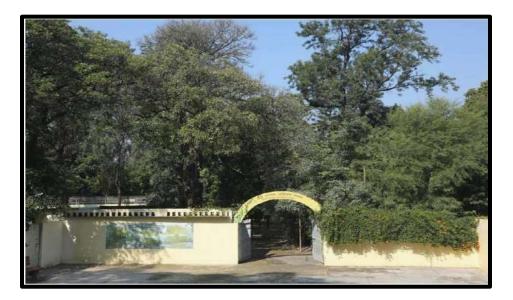
The College has created Guru Nanak Sacred Forest: A Mini Urban Forest with Native Trees by planting 550 trees of 49 native species. Planting native species of trees and naming of the mini forest incorporates the value of environmental sustainability along with preserving the cultural and curative diversity to spread awareness among the youth and academia. The aspects



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of tradition have been included while selecting the native species of the region and amalgamated with modern Miyawaki technique of planting tiny forests in urban areas.



Entrance of Guru Nanak Sacred Forest: A Mini Urban Forest with Native Trees

### • Plantation of Native Trees

Kadamb, Kanak Champa, Bael and Shahoot was introduced in the forest. The extract formulated from the tree's bark, leaves, and other parts is said to cure many diseases such as diabetes, cardiovascular disorders, cancer and liver damage. It was planted by the esteemed members of Sikh Education Society, alumni and other esteemed dignitaries.



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### **B.** Promoting Skill and Vocational Training

• The students are reconnected with their cultural folk art and craft through skill-based training of several craft forms such as Embroidery (*Phulkari* and Cross stitch), *Pakhi* making, Folk Orchestra, *Peerhi* making, *Bagh* and Crochet. Through this experiential learning students can become self-employed.



Students practicing for heritage craft items



Students performing Folk Orchestra

• The College promotes the *Phulkari* products made by rural women from Punjab in collaboration with Mehar Baba Charitable Trust, Fatehgarh Sahib for empowering women entrepreneurship through exhibitions in campus and also gifting them to guests on special occasions as part of outreach program.



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Phulkari File Folder, Bookmark and Key Chains made by rural women

• Training classes organised by the Centre for Sikh Religious and Cultural Studies for learning.



Students learning Gurmukhi Calligraphy in workshop



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Training of Gurmat Sangeet with instruments

### C. Collaboration with Panjab Digital Library

Panjab Digital Library is reviving the rich cultural heritage of the Sikhs and Panjab by focusing on archiving 'endangered' manuscripts and artifacts through their digitisation projects, exhibitions, digitisation training, 'adopt a book' initiative and discussion forum. The Department of History and PG Department of English work in close association with Panjab Digital Library to sensitise students about the heritage of Punjab. In collaboration with Panjab Digital Library the College has created:

- Adopt a Book' a unique initiative of Punjab Digital Library is promoted by the College to make students aware about Punjab's diverse history, heritage, literature and culture
- Heritage walls on ancient monuments on art and architectural heritage of Panjab. Monuments are important to keep past events alive in the collective memory by physical existence. This collection stands out as a testimony to how these monuments have shaped over time.



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Heritage Wall on Ancient Monuments of Panjab

Heritage Wall on Panjab: Resurgence and Downslide from 1765 to 1966. This wall
portrays the journey of Panjab in three sections from 1765 to 1966 with historical
and political developments involved therein with depiction of ancient and modern
geographical maps of Punjab.



Heritage Wall Depicting Journey of creation of Modern Panjab from 1765 to 1966

Heritage wall has been created in Guru Nanak Sacred Forest: A Mini Urban Forest with Native Trees depicting quotes from *Gurbani* on preserving the ecosystem. This event was dedicated to the 400<sup>a</sup> Birth Anniversary of Sri Guru Tegh Bahadur Ji.



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Heritage Wall with Quotes on Ecology from Gurbani in Mini Forest

- Panjab Digital Library installs exhibitions to display selected archival content in campus on special occasions for spreading awareness about rich cultural legacy.
- Virasat Heritage Centre, a museum depicting the life and teachings of Sri Guru Gobind Singh Ji and tracing the history of Sikh Educational Society, has been inaugurated to be established in collaboration with Punjab Digital Library.



Inauguration of Virasat Heritage Centre

• Mehramat: Live Khoondaan Society seeks to serve the society while upholding the Institutional Distinctiveness of Seva.



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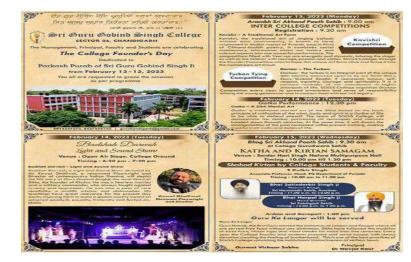
#### D. Promotion of Inclusive Philosophy for Holistic Learning

The College works incessantly to inculcate democratic and secular values of *Manas ki jaat sabhe eke pehchanbo* (all mankind is one) *Sarbat da bhala* (Well-being of all mankind) for holistic learning through the unique institutional distinctiveness that promotes the Sikh practice of *Seva* – 'Selfless Service'.

- Gurmat Vichaar Sabha of the College functions to inculcate value education among students as a medium to amalgamate modern thinking with traditional values. Every session begins with the *paath* of Sri Sukhmani Sahib and kirtan by volunteers of Gurmat Vichaar Sabha to seek the blessings of the Almighty.
- **College Founder's Day** was celebrated in the month of March to commemorate the Parkash Purab of Sri Guru Gobind Singh Ji. The 3 day occasion started with Day1: February 13, 2023 by conducting Kavishri Singing, awarding cash prizes by Chief Guest, S Gurbir Singh and S Karandeep Singh Cheema, Joint Secretary SES and Secretary LMC, to the students. Inter-college Turban Tying Competition winners alongwith Chief Guest, Guest of Honour, Principal, Judges and Faculty. A mesmerising Light and Sound Show Badshah Darvesh by Kewal Dhaliwal and Gatka performance was given by SGGSC students during the second day of Founder's Day celebrations, February 4, 2023. Bhai Satinderbir Singh, Hazoori Raagi performing Shabad kirtan on Founder's Day, being felicitated by President SES, S Gurdev Singh Brar alongwith Principal. An enlightening Katha by Bhai Harpal Singh Ji, Head Granthi, Sri Fatehgarh Sahib. He motivated the youth to follow the ideology of Sri Guru Gobind Singh ji and uphold the College motto "Manas ki Jaat saabe ek Pehchnbo" encouraging secularism land peaceful co-existence. The Guru ka Langar was prepared and served by students and faculty, thereby promoting the Institutional Distinctiveness of Seva. Col (retd) J S Bala, Secretary SES addressing at the Founder's Day celebrations.



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Students performing Seva at Founders Day



Preparation and Distribution of Langar by Students and Faculty

### SGGS Resource Centre for Cultural and Heritage Preservation

SGGS Resource Centre for Cultural and Heritage Preservation was established to promote heritage and culture of Punjab among the students. Different activities are organized to train and develop their knowledge in this field.



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- Exhibition portraying the Heritage and Culture of Punjab was organized on Nov 28, 2023. The different items showing culture and heritage of Punjab were displayed like Phulkari, Bagh, Dari, Dasuti, Decoration pieces, other household shores related items. The NAAC Peer Team visited the exhibition and admired the display items along with their history.
- The Centre organized One Day Inter College Workshop on 'Heritage and Art and Craft Items' in collaboration with Deptt of Youth Welfare, Pb Uni, CHD on Mar 20, 2023. Prof Kirpal Kazak and Mrs Karamjeet Kaur was the resource person who gave their expert view about the items prepared by the participants and trained them to further prepare all Heritage and Art and Craft items with improvement. 38 students and 10 teachers from different colleges participated in this training workshop. Certificates were issued to the participants.

#### 1. 'Inter-College Kite Flying Competition' on Feb 13, 2023

An Inter College Kite Flying Competition to celebrate the festival of Basant (spring) was organized on Feb 13, 2023 jointly by the Resource Center for Cultural and Heritage Preservation and the Student Council. The event was an effort to connect the students with the rich and vibrant culture of the region. Acclaimed photographer and author S Gurbir Singh was the Guest of Honour. Chairman SES Gurdev Singh Brar, Secretary SES Col (Retd) Jasmer Singh Bala and Joint Secretary SES S Karandeep Singh Cheema also graced the occasion.

A total of 27 teams from colleges of Tricity participated with great enthusiasm. GGDSD College, Sector 32, displaying efficiency, dexterity and skill, won the first prize and a cash prize of Rs 5000/, DAV College, Sector 10 got the second position and a cash prize of Rs 3000/- and SGGS College, Sector 26, Chandigarh won the third prize along with a cash prize of Rs 2000/-. A friendly competition was also organized between the alumni and the faculty members.

#### 2. 'Saada Virsa, Saada Vehra: Teeyan Teej Diyan' on August 26, 2022

Resource Centre for Cultural and Heritage Preservation, Institution Innovation Council and Equal Opportunity Cell of the College in collaboration with Youth Welfare Department, Panjab



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University, Chandigarh organised 'Saada Virsa, Saada Vehra: Teeyan Teej Diyan' on August 26, 2022 to promote the Best Practice of Heritage & Cultural Preservation. Dr Rohit Kumar Sharma, Director Youth Welfare, Panjab University was the Chief Guest. Mrs Pawittar Kaur Bala and S Pal Singh Samaon, International Giddha Coach were the Guest of Honour on the occasion. The Resource Person, Ms Jasbir Kaur Bains, Associate Professor, A K Arya College, Nawanshahr conducted Capacity Building Workshop on Giddha for the students. On the occasion, Heritage Corner was displayed to give glimpse of our rich culture and heritage and Stalls of traditional items were set to encourage the Entrepreneurs & Start-ups. The College celebrated Teej Festival by serving the traditional delicacies to the inmates of Sakhi and After Care Home for Girls, two institutes of Department of Social Welfare, Women & Child Development, Chandigarh Administration in order to work towards inclusiveness of marginalised women into the main stream. Women Supporting Staff of the College were gifted 'Sandhara' and Traditional delicacies were served to faculty members. This initiative of the College reiterates Teeyan as ode to womanhood.

#### PAIGAM, THEATRE GROUP

Paigam, Theatre Group of the College has been relentlessly taking initiatives to promote cultural activities in the College throughout the year. The Group has participated in various competitions and fests organised by other institutions in and around Chandigarh. Dr Priya Sandhu (PG Department of English) under the guidance of Dr Jasveer Kaur Brar (Dean, Cultural Activities) looks after the activities of the theatre group. A brief report of the activities is as follows:

- Nukkad Natak titled 'Inquilab' was performed on Sep 29, 2022 in the College, to create awareness among the students regarding the contribution of Shaheed Bhagat Singh and inculcate in them the feeling of patriotism.
- Nukkad Natak titled 'Vehngi' was performed in collaboration with the VADA Club on Oct 04, 2022 in the College to create awareness among the students regarding the benefits of safe, healthy and drug free life.



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- Nukkad Natak titled 'Sabki Vote Sabka Vikas' was performed on Jan 24-25, 2023 to Celebrate National Voters Day. The Natak was performed in Tasauli Village as well as in College premises to create awareness among the villagers and students about their rights and responsibilities as voters.
- Nukkad Natak titled 'RRR' (Reduce, Recycle and Reuse) was performed on Feb 10, 2023. The natak was a part of the cultural programme organised on the occasion of the annual Alumni Meet. The audience appreciated the talent and efforts of students in drawing attention to the perils of using plastic.

#### MEHRAMAT - LIVE BLOOD DONORS SOCIETY

The Society was set up keeping in mind the Institutional Distinctiveness of Seva and Selfless Service upheld by the College. The Society aims to serve the needy by ensuring easy accessibility and availability of blood required for transfusion and other medical procedures, maintaining a database of all donors and operating a 24-hour helpline to disseminate information to those who require assistance.

#### SGGS ROTARACT CLUB

The Rotaract Club of the College is a non-profit organisation where students work passionately towards making a difference in the community, and becoming conscientious global citizens. The Installation Ceremony was conducted on 07 March 2022 to officially install the first board of members of the club.

• PROJECT SMILE: A District Project was undertaken on 28 December 2021 in which more than 200 people living in the slum area were made aware about oral health and hygiene and later 200 toothbrushes,200 toothpastes and more than 70 mouthwashes were donated.



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 BLOOD DONATION DRIVE: Blood Donation camp was organised on 11 April 2022 in collaboration with the NSS unit in the college in which approximately 125 units of blood was collected.



Books based on religious studies for the purpose of research

### E. Promoting Punjabi Maa Boli (mother tongue), Literature and Culture

The College has taken the initiative to propagate the importance of Punjabi *Maa Boli* (mother tongue) through various activities which are related to Heritage and Cultural Preservation as well as Environment Sustainability. With this inspiration, various buildings, gardens and societies of the College are named with Punjabi titles reflecting historical and cultural significance to make students value and imbibe their culture and heritage.

### • Bhai Kahan Singh Nabha Library

The College Library is named after Bhai Kahan Singh Nabha. He was a celebrated Punjabi Sikh scholar, writer, anthologist, lexicographer and encyclopaedist. His most influential work, *Mahan* 



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Kosh, inspired generations of scholars after him. He also played a role in the Singh Sabha movement.



Entrance of Bhai Kahan Singh Nabha Library

#### • S Hari Singh Nalwa Multipurpose Hall

Sardar Hari Singh Nalwa Hall is a place for exchange of ideas, a forum for deliberations and cultural sharing. The Hall commemorates the memory of Sardar Hari Singh Nalwa, the legendary Sikh commander, who had once tamed the turbulent forces in Afghanistan. His bravery in battle was tempered by sagacity as exhibited in his conquest of Peshawar, Kashmir, Multan, Sialkot and Jamrud. His statesmanship and administrative efficiency as the Governor of Kashmir, Peshawar and Hazara is still embedded in the cultural ethos of the region.



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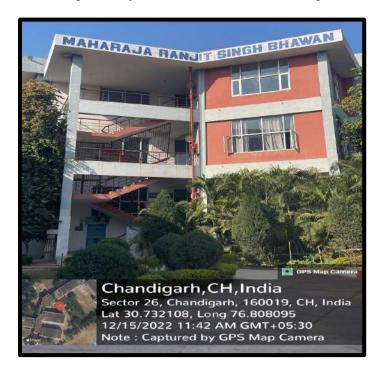
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Entrance of S Hari Singh Nalwa Multipurpose Hall

#### • Maharaja Ranjit Singh Bhawan

Maharaja Ranjit Singh, popularly known as the *Sher-e-Punjab* (Lion of Punjab), is respected for his visionary administrative genius and military prowess. Naming the building after his name holds great global significance to inspire the youth to achieve their future goals.





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#### • Bebe Nanki Garden of Serenity

The Garden of Serenity adds to the environment sustainability and aesthetics of the campus. This garden is a reflection of the spiritual radiance of Bebe Nanaki, the elder sister of Guru Nanak Dev Ji, after whom it is named.



#### • Barah Maha Garden of Biodiversity

The concept of *Barah Maha* Garden of Biodiversity is a Project by the College. This project involves study and planting of flowering plants which will attract birds, butterflies and honey bees, enriching the faunal diversity and making the garden pollinator-friendly. The Ixora flowers and Desi roses have been aesthetically planted in the first stage to be followed by more species after research. The Garden of Biodiversity is aptly named from our rich heritage. *Barah Maha*, meaning 'Twelve Months', describes the months of the Indian Lunar Calendar and it is in the form of Calendar poetry, a collection of hymn-verses composed by Guru Nanak Dev ji.



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• College Calendar 2022

College Calendar 2022 was designed on the theme of Barah Maha Tukhari taken from Gurbaani artistically expressed through Paintings of an internationally acclaimed artist reiterating heritage and cultural preservation.





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• Dharat Suhavi Environment Society



The title *Dharat Suhavi* has been derived from *Gurbani*, which literally means 'Blessed Land'. The Sikh Gurus eulogised Nature and its Creator by epitomising the significance of the existing environment to imbibe the value of preservation of the ecosystem. Thus, the primary focus of the society is to work constantly towards creating awareness and sensitising the staff, students and community at large regarding sustainable environmental issues.



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### • Bhai Kanhaiya Health Centre

The Health Centre in the campus is named after Bhai Kanhaiya Ji. He was a sikh, verbatim disciple, of Guru Tegh Bahadur Ji and was requested to establish the *Sevapanthi* or *Addanshahi* order of the Sikhs by Guru Gobind Singh Ji. He was known for serving water to all the wounded members of the battlefield no matter whether they were Sikhs or fighting against the Sikhs to exemplify the spirit of humanity.

### • Panjaab

Panjaab, a club of the Deptt of History, was established in 2021 with an objective of conducting talks, seminars, events, quizzes, tours and other activities regarding various facets of Punjab and Indian history and Culture. The Club is run by the active association of faculty and students of the department.

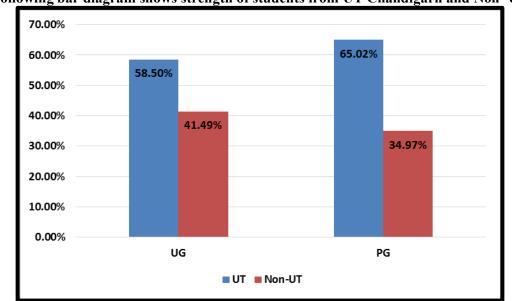
### F. Promoting the Cultural Diversity and Multicultural Expressions

Preserving and promoting cultural diversities of the staff and students is the priority of the College for providing an inclusive academic environment which is also a key objective of National Education Policy 2020. The student intake through admission in the College in various streams reflects a diverse set of students coming from different regional, social and cultural backgrounds. Diversity amongst the students offers diverse views for students to consider and engage with. Students can learn from peers with different perspectives shaped by a variety of experiences thus promoting tolerance and harmony for their behavioral development. Catering to the needs of such diversity, the faculty adopts a multilingual teaching approach. Although the medium of instruction is English, Hindi and Punjabi yet the languages spoken by students include Haryanvi, Himachali, Bengali, Manipuri, Ladhaki, Pashto, Dari Persian etc. Faculty from diverse cultural backgrounds also converse in their native languages like Punjabi, Bengali, Himachali, Haryanvi etc on campus.



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- Regional Diversity
  - i. Students from UT Chandigarh and Non-UT



Following bar diagram shows strength of students from UT Chandigarh and Non- UT

#### ii. International Students in the College

In the academic year 2022–2023, the College enrolled 44 students from Ghana and Afghanistan in various UG and PG courses. Out of them, 07 students studied on a self-financed basis, while 37 students were sponsored by the ICCR. Due to the pandemic, the students who registered for the current semester under the support of ICCR attended classes virtually from their home countries. The Dean of Foreign Students looks after the welfare of international students. The students are made to feel at home. By fusing the wonderful experiences of other cultures with fresh viewpoints, regular cultural activities are undertaken for making teaching and learning a two-way process.



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### G. Innovative Research on Theme of Heritage and Cultural Preservation

### • Research Contributions by the Faculty

- i. **Dr Sandeep Kaur** and **Ms Anupama Sharma** published a paper 'Systematic review of public sector motivation strategies of developed nations: lessons for the developing nations' in *Asian Journal of Multidiscilpinary Research*
- Mr Amrik Singh (Deptt of Punjabi) translated a book titled 'Sansar Prasidh Punjabi Lekhak' from English to Punjabi, published by Saptrishi Publication (International Publication), Chandigarh, Edition 2022
- iii. **Dr Sukhjinder kaur** (Deptt of Religious and Cultural Studies) authored a book titled ' ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ: ਜੀਵਨ ਸਨੇਹੀ ਸਿੱਖ ਅਤੇ ਸਥਾਨ' published by Saptrishi

publication Chandigarh

 iv. Dr Aarti Suri (Deptt of History) presented a paper 'Language Controversy in the Colonial Punjab' in the National Conference, 53rd Session of Punjab History Conference organised by the Deptt of History and Punjab Historical Studies, Punjabi University, Patiala



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### H. Other Activities Conducted on Heritage and Cultural Preservation

| Title and Organising<br>Committees  | Outcome of Activities   | Proofs of Activity   |
|---|---|--|
| INTERNATIONAL<br>YEAR OF MIILETS<br>and<br>World Heritage Day,<br>April 18, 2023<br>Organizing committee<br>-Unnat Bharat Abhiyan,<br>-Institution Innovation<br>Council,<br>-NSS Unit<br>-Rotaract Club -Dharat<br>Suhavi Environment<br>Society | SGGSC UPHOLDS G20<br>AND INTERNATIONAL<br>YEAR OF MIILETS 2023<br>Sri Guru Gobind Singh<br>College, Sector 26,<br>Chandigarh organised a One<br>Day Workshop titled<br>Nutritional and Health<br>Benefits of Millets to<br>celebrate 2023 as<br>International Year of Millets<br>in light of India's G20<br>Presidency. The event was<br>held in collaboration with<br>PGIMER, Chandigarh to<br>commemorate World<br>Heritage Day 2023. It aimed<br>to showcase millets as a<br>viable and sustainable<br>alternative to modern cash<br>crops. This was in<br>consonance with the Best<br>Practices of Environmental<br>Sustainability Heritage and<br>Cultural Preservation<br>promoted by the College.<br>Dr Rachna Srivastava,<br>Program Officer, Community<br>Medicine and School of<br>Public Health, PGIMER Chd,<br>Dr Poonam Khanna,<br>Associate Professor,<br>Community Medicine and<br>School of Public Health,<br>PGIMER Chd and Mr Vikas<br>Chawla, Chef, IFCA, Punjab | <image/> <image/> <section-header><section-header><section-header><image/><text><text><text><text><text><text><text></text></text></text></text></text></text></text></section-header></section-header></section-header> |



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|  | (Core Hospitality) were the<br>Resource Persons.<br>The Workshop began with Dr<br>Rachna Srivastava's Expert<br>Lecture on Nutri-cereal:<br>Health Benefits highlighting<br>their role in preventing<br>chronic diseases and<br>improving overall health.<br>Following this, Dr Poonam<br>Khanna spoke about the<br>Nutritional Benefits of<br>Millets emphasising that<br>millets are an<br>environmentally sustainable<br>and nutrient-rich crop that<br>has been used for centuries in<br>traditional diets around the<br>world.<br>The Workshop also included<br>a Cooking Competition that<br>challenged participants to<br>create delicious and healthy<br>dishes using millets as the<br>main ingredient. It concluded<br>with a cooking demonstration<br>using millets by Mr Vikas<br>Chawla, renowned Chef with<br>IFCA Punjab and Author<br>who specialises in traditional<br>and millet-based cuisine.<br>Participants learned how to<br>prepare a variety of healthy<br>and delicious dishes using<br>millets. He also gifted his<br>book on Traditional Dishes to<br>the College Library. |  |
|--|--|--|
| Commemorating<br>foundation of Khalsa<br>Panth and Celebrating |  |  |



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| Vaisakhi, April 14,<br>2023   |   | <image/> |
|---|---|----------|
| World Sikh<br>Environment Day,<br>March 15, 2023<br>Organising Committee<br>- Department of<br>Environment ,<br>Chandigarh<br>Administration<br>-Eco Club of Sri Guru<br>Gobind Singh College<br>-Yuvsatta (Youth for<br>Peace) | World Environment Day,<br>2023 was celebrated by<br>paying tribute to Guru Har<br>Rai Ji, who is remembered in<br>Sikh history for his deep<br>sensitivity to nature and its<br>preservation. Tree plantation<br>was carried out in Guru<br>Nanak Sacred Forest: A<br>Mini-Urban Forest on<br>Campus with Native Species<br>of Trees by the resource<br>Person S Harinder Singh and<br>members of the Management<br>S Gurdev Singh Brar,<br>IAS(retd), President SES; Col<br>(retd) Jasmer Singh Bala,<br>Secretary SES and S<br>Karandeep Singh Cheema,<br>Joint Secretary SES. The<br>event was also in consonance<br>with the Best Practice of<br>Environment Sustainability<br>promoted by the College. | <image/> |
| International Seminar   | Name, designation and brief detail of the Resource  |          |



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| <b>'Badshah-Darvesh</b> | Dersong   |  |
|-------------------------|---|--|
|                         | Persons   |  |
| Guru                    | • S Harinder Singh  |  |
| Gobind Singh Sahib'     | Outcome:  |  |
| March 13, 2023          | Senior Fellow at the Sikh   |  |
| Organising              | Research Institute US   |  |
| Committee               | The seminar provided  |  |
| Department of           | information to the  |  |
| History                 | participants on life  |  |
| Sikh Research           | and birth of Guru Gobind  |  |
| Institute               | Singh. It also threw light on   |  |
| Punjab Digital          | the   |  |
| Library                 | ceremony by which Panj  |  |
| 2                       | Piare were chosen, the new  |  |
|                         | beginning of a new order, the   |  |
|                         | Khalsa (the Pure, from the  |  |
|                         | Persian Khalisah, also  |  |
|                         | meaning "pure". Thus this   |  |
|                         | informative session threw   |  |
|                         | light on various aspects of   |  |
|                         | Guru  |  |
|                         |   |  |
|                         | Gobind Singh's life and his   |  |
|                         | policies.   |  |
|                         |   |  |
|                         | The 3 day occasion started  | (1)/2  |
| Founder Day             | with Day1: February 13, 2023  | हेत तुम्र मीहिंग प्रीटि प्रार्टि कहार्ड मार्करका है।<br>तित मान्न कहार कारण मीहिंग तराजरका ।<br>मित्र मान्न कहार की होने में 2000 cm<br>Inter Coulde Confermions   |
| Celebration-            | by conducting Kayishri  | Registration / 9.30 cm   |
|                         | by conducting Kavishri  | Sti Ouru Cobind Singh College Route - A Treditional Ar form  |
| February 13- 15,2023    | Singing, awarding cash prizes   | SECTOR 24, CHANDIGABH The Management, Principal, Faculty and Students are solihoration The Management, Principal, Faculty and Students are solihoration The Management, Principal, Faculty and Students are solihoration The Management, Principal, The Management, Prin     |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir   | SECTOR 32, CLANEGGAM<br>The Management, Printigh, Tearly and Subsets or establishing<br>The College Foundar's Day<br>Decisions I S   |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir<br>Singh and S Karandeep Singh  | Sector 9.5, COMMONGARI<br>The Kongenere, Hindpit Garby and Sublem one other<br>Hindback of the Sublem one of Sublem on |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir   | Section 3.4. CLANEGGAM The Monogener, Privity, Frank yn dy Subert oe striderig<br>The Monogener, Privity, Frank yn dy Subert oe striderig<br>Dechael y<br>Dechael y<br>Parkenh Partod of Sir Gan Gobladi Stingh Ti   |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir<br>Singh and S Karandeep Singh  | Sector 9.5, COMMONGARI<br>The Kongenere, Hindpit Garby and Sublem one other<br>Hindback of the Sublem one of Sublem on |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir<br>Singh and S Karandeep Singh<br>Cheema, Joint Secretary SES   | Sector 9.5, COMMONGARI<br>The Kongenere, Hindpit Garby and Sublem one other<br>Hindback of the Sublem one of Sublem on |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir<br>Singh and S Karandeep Singh<br>Cheema, Joint Secretary SES<br>and Secretary LMC, to the  | Sector 9.5, COMMONGARI<br>The Kongenere, Hindpit Garby and Sublem one other<br>Hindback of the Sublem one of Sublem on |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir<br>Singh and S Karandeep Singh<br>Cheema, Joint Secretary SES<br>and Secretary LMC, to the<br>students.   | <text><text><text><text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text></text></text></text>   |
|                         | Singing, awarding cash prizes<br>by Chief Guest, S Gurbir<br>Singh and S Karandeep Singh<br>Cheema, Joint Secretary SES<br>and Secretary LMC, to the<br>students.<br>Inter-college Turban Tying   | <section-header><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></section-header>   |
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Founder's Day celebrations, February 14, 2023. Bhai Satinderbir Singh, Hazoori Raagi performing Shabad kirtan on Founder's Day, being felicitated by President SES, S Gurdev Singh Brar alongwith Principal. An enlightening Katha by Bhai Harpal Singh Ji, Head Granthi, Sri Fatehgarh Sahib. He motivated the youth to follow the ideology of Sri Guru Gobind Singh ji and uphold the College motto "Manas ki Jaat saabe ek Pehchnbo" encouraging secularism land peaceful coexistence. The Guru ka Langar was prepared and served by students and faculty, thereby promoting the Institutional Distinctiveness of Seva. Col (retd) J S Bala, Secretary SES addressing at the Founder's Day celebrations.



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| Basant Panchmi on<br>February 13, 2023 | Inter-college Kite Flying<br>Competition organised by<br>SGGSC to celebrate Basant<br>Panchmi on Feb 13, 2023 and<br>promote the College Best<br>Practice of Cultural and<br>Heritage Preservation. S<br>Gurbir Singh, an acclaimed<br>US based writer and<br>photographer, Chief Guest on<br>the occasion, gave away the<br>prizes. |  |
|--|--|--|
|  |  |  |



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| Capacity Building                   | The Resource Person                                       | And the state of t   |
|-------------------------------------|---|--|
| Workshop on Giddha                  | • Ms Jasbir Kaur Bains,<br>Associate Professor A          | the second secon   |
| for the students                    | K Arya College,   | Provide Contract of the Contra   |
| Saada Virsa – Saada                 | Nawanshahr conducted                                      | A second  |
| Vehra - Teeyan Teej                 | Capacity Building<br>Workshop on Giddha for               | annum ann ann ann ann ann ann ann ann ann an   |
| Deeyan                              | thestudents. In order to<br>work towards inclusiveness    | Ministra a second de error d'util insurer provides à<br>Ministration de error d'util insurer prov |
| Cultural Activity                   | of marginalized women into<br>the mainstream, the College | Al forms formula for forms and the second se   |
| August 26, 2022                     | celebrated with inmates of<br>Sakhi & After Care Home     | Benefities and the same particular strategies and t   |
| Organising                          | for Girls, two institutes of                              | Women Suger Dug and view of Table Galaxy Sectors (Galaxy Sectors) State Control Control Sectors (Galaxy Sectors) Sectors (Galaxy Sectors) Sectors (Galaxy Sectors) Sectors) Sectors) Sectors (Galaxy Sectors) Sec   |
| Committee                           | Department of Social<br>Welfare, Women & Child            |  |
| <b>Resource Centre for</b>          | Development, Chandigarh<br>Administration. Traditional    |  |
| Cultural & Heritage                 | delicacies of Teeyan Festival<br>were served to all the   |  |
| Preservation                        | inmates and staff of the                                  |  |
| association                         | Institutes.Women<br>Supporting Staff of Sri               |  |
| with Institution                    | Guru Gobind Singh<br>Collegewere gifted                   |  |
| Innovation Council,                 | 'Sandhara' on the occasion of Teej Celebrations.          |  |
| Equal Opportunity<br>Cell           |   |  |
| Workshop<br>DUSA Sponsored          | Resource  |  |
| RUSA Sponsored<br>Capacity Building | Persons<br>• Dr Madan Conal Singh                         |  |
| Workshop and                        | • Dr Madan Gopal Singh<br>and his Instrumental            |  |
| Performance:                        | Team  |  |
| "Cultural                           |   |  |



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| Connections through<br>Sufi<br>and Popular Music"<br>August 22, 2022<br>Organising<br>Committee<br>Department of<br>Punjabi<br>Department of<br>History | <ul> <li>Dr Madan Gopal Singh<br/>(Composer, Vocalist,<br/>Poet, Prof. of Literature,<br/>Delhi University<br/>College)</li> <li>Amjad Khan,<br/>Percussionist</li> <li>Deepak Castelino, Guitar<br/>and Banjo Player</li> <li>Pritam Ghosal, Sarod<br/>Player<br/>Outcome:<br/>The Capacity Building</li> </ul>     | <section-header><section-header><text><text><text><text><text><text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></section-header></section-header> |
|---|--|--|
|   | Workshop and<br>Performance by Dr<br>Madan Gopal Singh and his<br>Instrumental Team<br>CHAAR<br>YAAR conveyed the<br>message of Cultural<br>Connection<br>through Sufi music. This<br>event familiarized the youth<br>with<br>oral tradition, which is the<br>backbone of cultural legacy,<br>the                    | <section-header><section-header><section-header><section-header><text><text><text><text></text></text></text></text></section-header></section-header></section-header></section-header>   |
|   | event illuminated the<br>audience to music,<br>composers, styles,<br>and theoretical concepts<br>that make up the<br>fundamentals of<br>Sufi and Popular Music.<br>Through this endeavor, the<br>College tried to bridge the<br>gap<br>across milieu and cultures,<br>encouraging diversity and<br>multiculturalism. |  |



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#### **Cultural Achievements**

The Office of Cultural Activities plays a significant role in unearthing and honing the hidden talent of the students. It creates awareness amongst the students regarding their culture and heritage. The students are sent from the college as cultural ambassadors for various competitions held at National, University and Intercollege level. The participation of the students during the current academic session is as follows:

• National Youth Festival 2023, Hubballi and Dharwad, Karnataka from Jan 12-16, 2023

The students participated in the National Youth Festival 2023 held at Hubballi and Dharwad, Karnataka, representing SGGS College as well as the Union Territory of Chandigarh. They participated in both Competitive (Folk Song and Folk Dance) as well as Non-Competitive events. The students were accompanied by teacher incharges Mr Bhupinder Singh (Head, Department of History) and Mr Amrinder Singh (Department of Biotechnology) The National Youth Festival in India is an annual gathering of youth every year organized by the Ministry of Youth Affairs and Sports, Government of India in collaboration with State Governments, coinciding with the birth anniversary of Swami Vivekananda, to honour and cherish his ideals, teachings and contributions.

This festival provides a nationwide exposure to the youth for the expression and fulfillment of their cultural talents and aspirations. More than 7500 participants



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participate in this huge youth gathering from all across the country to showcase their talent.

• Participation in Cultural Programme at GGSCW, Sec 26, Chd on March 24, 2023

Bhangra team of the College participated in the cultural programme, 'Punjabi Sabhiyachaar de Vann – Suvanne Rang' organized by Guru Gobind Singh College for Women, Sec 26, Chandigarh to mark the Golden Jubilee Celebration. The team was awarded 11,000/- cash prize.

- Omkar Mohan Singh, student of MA I Eng of Sri Guru Gobind Singh College, Sector 26, Chd has been honoured by the honourable Chief Minister of Punjab, S Bhagwant Singh, with Shaheed-E-Azam Bhagat Singh State Youth Awards 2021-22 for the exemplary services rendered by him in the field of Social Service and Youth Activities.
- PU Zonal Youth & Heritage Festival (Nov 1-3, 2022)

179 students of the College participated in the events conducted in the PU Zonal Youth and Heritage Festival (Zone A), held in November 2022 at DAV College, Sec 10, Chd and upheld the Best Practice of Heritage and Cultural Preservation by winning a plethora of prizes in the Heritage events. The students clinched First Prize in Peerhi Making, Embroidery- Cross Stitch, Knitting, Muhavredar Vaartalap and Handwriting (Punjabi). Showcasing their musical prowess, the



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students won First Prize in the Folk Instrument competition. Students gave impressive performances and won prizes in events like Bhangra, Folk Dance, Bhand, Shabad, Embroidery - Bagh, Khiddo Making, Mitti de Khidaune, Gudian Patola, Pranda Making, Phulkari, Kavishri, Installation, Folk Orchestra, Vaar Singing and Light Music Vocal- Geet and Classical Vocal. The College also won prizes in Literary events like Short Story, and Creative Writing (Poem).

The overall preparation of the events was done under the guidance of Dean, Cultural, Dr Jasveer Kaur Brar (Deptt of Botany) and coordinators, Dr Meena Jindal (PG Deptt of Computer Science), Dr Mandeep Kaur Dhami (PG Deptt of Chemistry) and Mr Hardil Bhathal (PG Deptt of Sociology) along with a highly competent team of conveners.

PU Zonal Youth & Heritage Festival (2022-23)

| S<br>No | Items        | Convenors                           | Participants  | Position |
|---------|--------------|-------------------------------------|---|----------|
| Mus     | ic Events    |                                     |   |          |
| 1       | Group Shabad | Dr Gurpreet Kaur<br>Ms Hardeep Kaur | Amritpal Singh – BA III, Bhavjot<br>Singh – BA II, Gelek Wangmo –<br>BSc II Med, Harsha Kumari –<br>BCom II, Kunwar Sahib Singh –<br>BCom III, Mehak – BA I, Shibran<br>Puri – BA III | Third    |



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| 2.   | Bhangra                                  | Mr Bhupinder<br>Singh                    | Ankush Kumar – MA I,<br>Bhupinderjeet Singh – MA I,<br>Gaurav Bagga – MA I, Gurvinder<br>Singh – BA III, Harpreet Manju –<br>MA I Soc, Harshit Thakur –<br>MCom II, Jaspreet Singh – MCom<br>I. Karanjot Singh – MA I   | Group –<br>Second<br>Individual –<br>Third<br>Harpreet<br>Manju |
|------|--|--|---|---|
| 3.   | Folk Dance<br>(Malwai<br>Gidha)          | Dr Ramandeep<br>Mander                   | Ajaydeep Singh – BA I, Ankush<br>Kumar – MA I, Bhupinderjeet<br>Singh – MA I, Harsimran Singh –<br>BA I, Himanshu Kumar – BA II,<br>Khushpreet Singh – BA II, Jaspreet<br>Singh – BA III, Manjot Singh –<br>BCA II, Sameer – BA III,<br>Sukhpreet Singh – BA II | Group -<br>Second<br>Individual –<br>Third                      |
| 4.   | Light Music<br>Vocal - Geet              | Ms Gursheek Kaur                         | Shibran Puri – BA III   | Second  |
| 5.   | Light Music<br>Vocal-<br>Classical Vocal |  | Amritpal Singh – BA III   | Third   |
| Thea | atre Items                               |  |   |   |
| 6.   | One Act Play                             | Dr Manbir<br>Dhaliwal<br>Dr Priya Sandhu | -   | Individual<br>First -<br>Mubbsir<br>Khan – BA<br>III            |
| Fine | Arts Items                               |  |   |   |
| 7.   | Installation                             | Ms Meena Jindal<br>Ms Khushwant<br>Kaur  | Amrinderjit Singh – MA II Soc,<br>Goldpuneet Singh Saagu – MA II<br>Soc, Inderjeet Singh – MA II Soc,<br>Meha Kashyap – MA II Soc   | Third   |
| LITI | ERARY EVENTS                             |  |   |   |



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| 8.  | Hand Writing<br>Punjabi              | Dr Gurpreet Singh<br>Pandher<br>Dr Kawalpreet<br>Kaur | Kamaljeet Kaur – BSc II Med  | First   |
|-----|--------------------------------------|---|--|---|
| 9.  | Creative<br>Writing Poetry           | Dr Shelly Narang                                      | Sachin Yadav – BA III  | Second  |
| 10. | Creative<br>Writing (Short<br>Story) | Dr Harpreet Bali<br>Dr Suchreet Kaur                  | Sonu Yadav - BA III  | Second  |
| HEF | RITAGE – STAGI                       | E EVENTS  |  |   |
| 11. | Muhavare Daar<br>Vartalap            | Ms Chanpreet Kaur                                     | Harpreet Manju – MA I Soc,<br>Omkar Mohan Singh – MA I Eng,<br>Sukhpreet Singh – BA II   | First<br>Individual –<br>Second<br>Sukhpreet<br>Singh |
| 12. | Folk<br>Instrument                   | Dr Balraj Singh                                       | Simrandeep Singh - DJMC  | First   |
| 13. | Bhand                                | Ms Amandeep Gill                                      | Harpreet Manju – MA I Soc<br>Sukhpreet Singh – BA II   | Second  |
| 14. | Folk Orchestra                       | Dr Balraj Singh                                       | Arjun – DJMC, Ajaydeep Singh –<br>BA I, Ajit Singh – BA III, Dalip<br>Singh – BA III, Gurjeet Singh –<br>BA I, Harshdeep Singh – BA I,<br>Harshit Thakur – MCom II,<br>Himanshu Thakur – BA II, Omkar<br>Mohan Singh – MA I Eng, Sameer<br>– BA III, Simrandeep Singh –<br>DJMC, Sukhpreet Singh – BA II | Third   |
| 15. | Vaar Singing                         | Ms Anu Kaul<br>Ms Navneet Kaur<br>(CS)                | Gurpartap Singh -MA I Eco,<br>Sameer – BA III, Bharat – BA III   | Second  |
| 16. | Kavishri                             |   | Aastha – BSc BT [H] II, Aditi –<br>BSc CS III, Kamalpreet Kaur – BA  | Third   |



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|     |                              |                              | III                           |        |  |
|-----|------------------------------|------------------------------|-------------------------------|--------|--|
| HEF | HERITAGE – ART & CRAFT       |                              |                               |        |  |
| 17. | Knitting                     | Ms. Kanwal<br>Dhanoya Grewal | Kajal Rani – BSc Med III      | First  |  |
| 18. | Cross-Stitch<br>(Embroidery) |                              | Harveer Kaur - DJMC           | First  |  |
| 19. | Bagh<br>(Embroidery)         |                              | Jasmeen Kaur – BSc III BT [H] | Second |  |
| 20. | Phulkari<br>(Embroidery)     |                              | Simranjeet Kaur - DJMC        | Third  |  |
| 21. | Peerhi Making                | Dr Rimpi Kaur                | Gurleen Kaur – BSc III BT[H]  | First  |  |
| 22. | Khiddo<br>Making             |                              | Manpreet Kaur – BA II         | Second |  |
| 23. | Mitti de<br>Khidaune         |                              | Nageeta – BA II               | Second |  |
| 24. | Gudiyan Patole<br>Making     |                              | Nidhi Kumari - BCom III       | Third  |  |
| 25. | Paranda<br>Making            |                              | Priya – BA II                 | Third  |  |

PU Inter Zonal Youth & Heritage Festival (Nov 10-13, 2022)

The College represented Zone A in 08 categories at the PU Inter-Zonal Youth and Heritage Festival, held at Swami Premanand Mahavidyalaya, Mukerian from Nov 10-13, 2022.

| S No   | Items                    | Convenors                    | Participants                | Prize |
|--------|--------------------------|------------------------------|-----------------------------|-------|
| LITERA | RY EVENTS                |                              |                             |       |
| 1.     | Handwriting -<br>Punjabi | Dr Gurpreet<br>Singh Pandher | Kamaljeet Kaur – BSc II Med | -     |



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|   |                             | Dr Kawalpreet<br>Kaur                      |                              |        |
|---|-----------------------------|--|------------------------------|--------|
| 2.  | Creative<br>Writing - Story | Dr Harpreet<br>Bali<br>Dr Suchreet<br>Kaur | Sonu Yadav - BA III          | Second |
| HERITAGE – EVENTS   |                             |  |                              |        |
| 3.  | Knitting                    | Mrs Kanwal<br>Dhanoya<br>Grewal            | Kajal Rani – BSc Med III     | Third  |
| 4.  | Peerhi Making               | Dr Rimpi Kaur                              | Gurleen Kaur – BSc III BT[H] | First  |
| Gurleen Kaur (BSc III BT[H], represented Panjab University in Heritage Item – Peerhi Making in Inter Varsity Youth Festival Held at Punjabi University Patiala on Dec 10, 2022. |                             |  |                              |        |